

Awesomely Delicious Living Lentil Salad

Ingredients

2-1/2 cups cooked lentils
1/2 cup cooked quinoa
2 celery ribs diced
1 red bell pepper diced
1 hothouse cucumber diced
1/2 red onion diced
3/4 cup dried cranberries
1-tablespoon extra virgin olive oil
2 tablespoons raw vinegar with mother
1-tablespoon fresh lime juice
2 tablespoons Nama Shoyu (raw, unpasteurized soy sauce)
1 teaspoon maple syrup or agave
1 small bunch cilantro chopped

Directions

Mix all ingredients together. Serve chilled if it makes it long enough to get it to the fridge.